



CALTA welcomes you to the Last Chance Meet ~ Tuesday, July 30th ~ 6:00-9:00 p.m.

- Sanctioned by: Athletics Alberta, World Para Athletics and World Athletics
- Website: <https://www.caltaf.com/>
- Questions: Sam Read sam.trackandfieldcoach@gmail.com (403) 690-4212
- Venue: Foothills Athletic Park 2424 Crowchild Trail NW Calgary, Alberta
Divisions: Open
- Entry Fee: \$25
- Entry Deadline: Sunday, July 28th at 11:59 p.m.
- Late Entries: Monday, July 29th at 12:00 p.m. Accepted late entries will be an additional \$10
- Events: 100m, 400m, 800m, 1500m, 100mH, 110mH, Long Jump, Shot Put*, Discus*, Masters Shot Put, Masters Discus,
- Throwing Events: *Athletes will use the correct implements for their age category and will compete together

Registration Link:

<https://www.trackie.com/event/caltaf-last-chance-meet/1008438/>

TENTATIVE Schedule:

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| 6:00 p.m. | Women's Open & Masters Shot Put |
| 6:00 p.m. | Men's Open and Masters Discus |
| 6:00 p.m. | Men's Long Jump |
| 6:00 p.m. | Women's 100m |
| 6:15 p.m. | Men's 100m |
| 6:30 p.m. | Women's 800m |
| 6:45 p.m. | Men's 800m |
| 7:00 p.m. | Women's 100mH |
| 7:15 p.m. | Men's 110mH |
| 7:30 p.m. | Women's 400m |
| 7:30 p.m. | Women's Long Jump |
| 7:30 p.m. | Women's Open & Masters Discus |
| 7:30 p.m. | Men's Open & Masters Shot Put |
| 7:45 p.m. | Men's 400m |
| 7:45 p.m. | Women's 1500m |
| 7:55 p.m. | Men's 1500m |